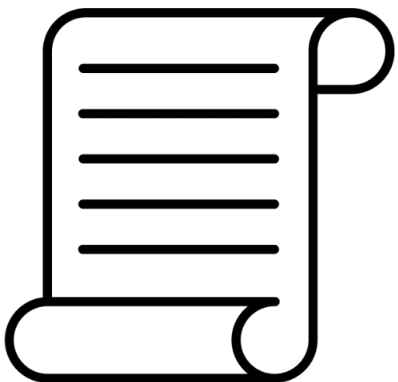


DISrupt manifesto: easy read



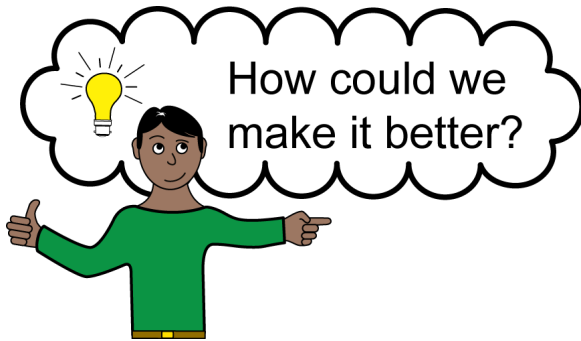
Created by ochre7
from Noun Project

This manifesto tells you what DISrupt is, who we are and what we want to do.

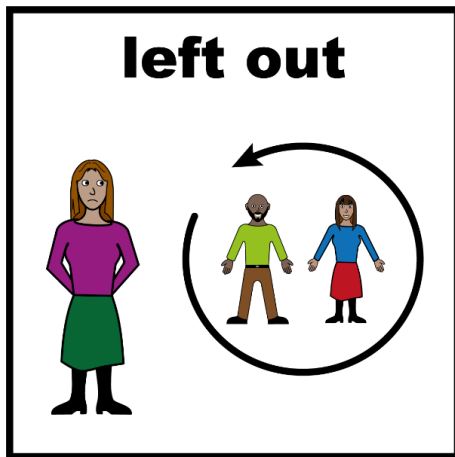
Who are DISrupt?



DISrupt is a group of disabled artists in Leeds.



We want to make things better for disabled artists. We want to get rid of barriers that stop us taking part.

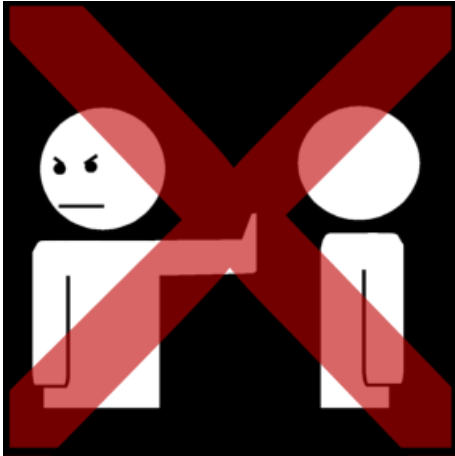


Disabled artists are often left out or looked down on. People sometimes think that we aren't real artists. We want this to stop.

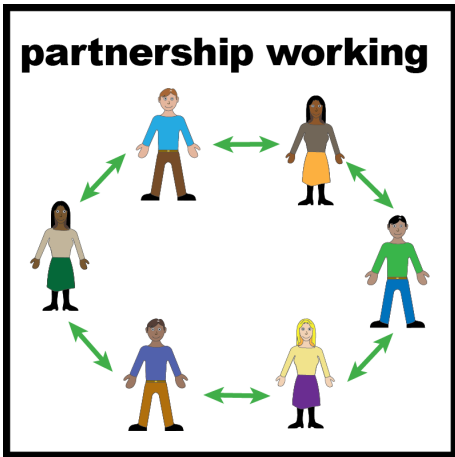


Disabled artists make excellent and interesting art. We take art seriously. We don't make art as a hobby or for therapy.

This is a picture of an artwork called 'Phoenix' by Judit Wilson.

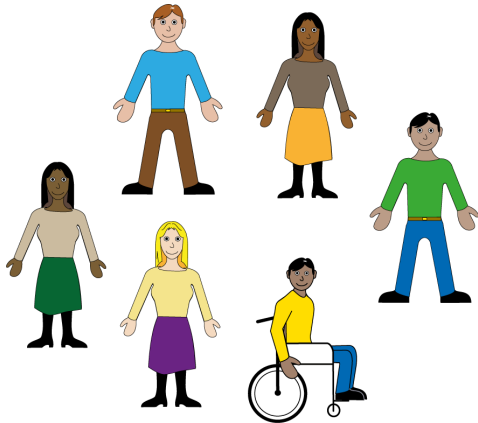


DISrupt will show people how good our art is. Then we won't be ignored.

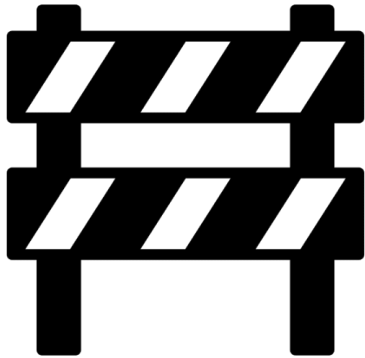


We want to work with anyone who agrees with these ideas and wants to make things better for disabled artists.

What does disabled mean?



Disabled people include D/ deaf people, neurodivergent people, learning disabled people and people with physical, sensory, emotional, cognitive and intellectual impairments.

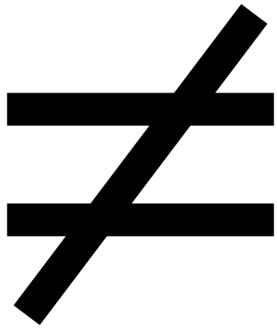


Created by Vectorstall
from Noun Project

These people are disabled because of barriers that stop them taking part. This way of thinking about disability is called the social model of disability.

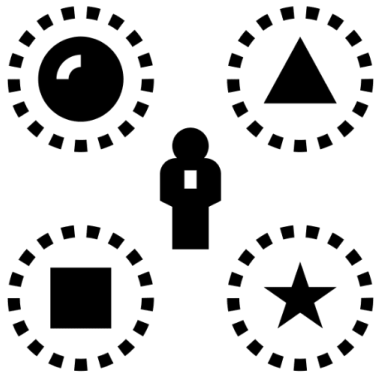


Barriers include inaccessible buildings, inaccessible transport and information that people can't understand.



Created by Enzo Martin
from Noun Project

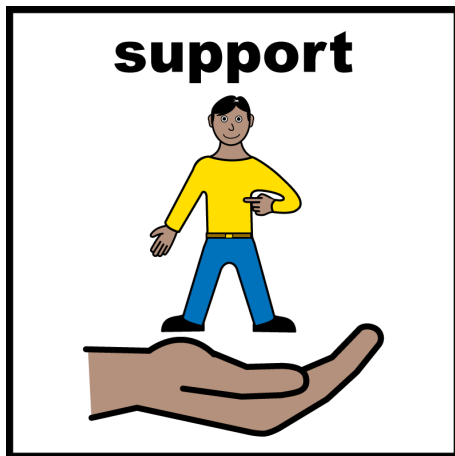
Another barrier is people who don't think that disabled people should be treated equally.



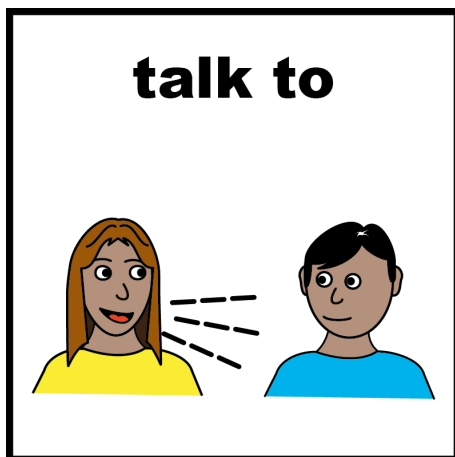
Created by Nithinan Tatah
from Noun Project

Disabled people's lives are also affected by things like sexual orientation, gender identity, race and age.

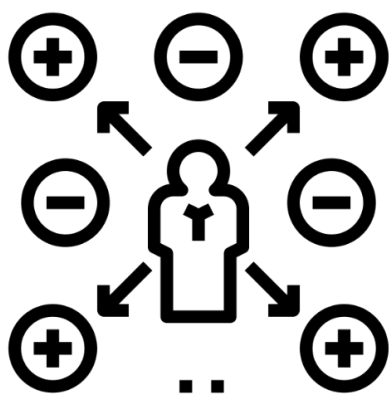
What DISrupt will do



We will support disabled artists.



Disabled artists will talk to each other about their art and about their experiences.



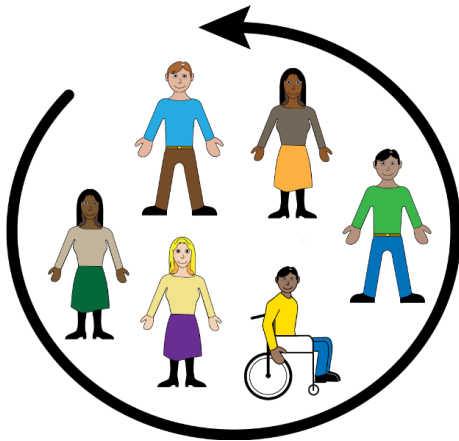
Created by Nithinan Tatah
from Noun Project

We will tell disabled artists about opportunities they can take part in, like exhibitions.

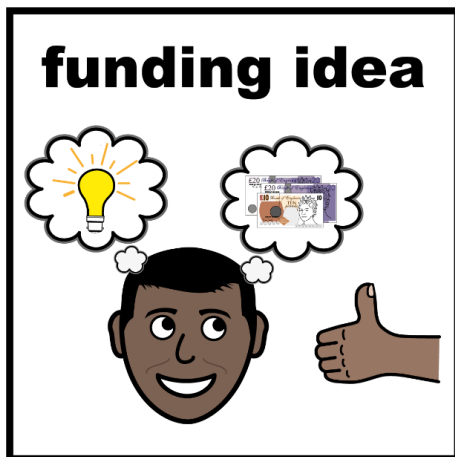


Created by Adrien Coquet
from Noun Project

We will tell other people about disabled artists.



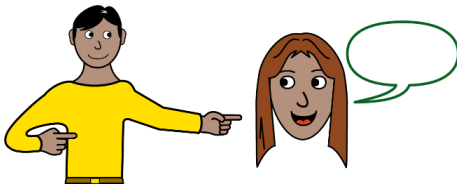
We will tell people about the diversity of disabled artists.



We will look out for funding so that disabled artists can be paid to make art.



We will work with other arts organisations so that they treat disabled artists fairly.



We will speak up for disabled artists. We will fight to make sure disabled people are included in making plans for the arts in Leeds.

Nothing
about us
without us!

There can be nothing about us without us.

We used symbols from Leeds & York Partnership NHS Trust's [easy on the i project](#), [The Noun Project](#) and [Sclera symbols](#). Thanks to all of them.